

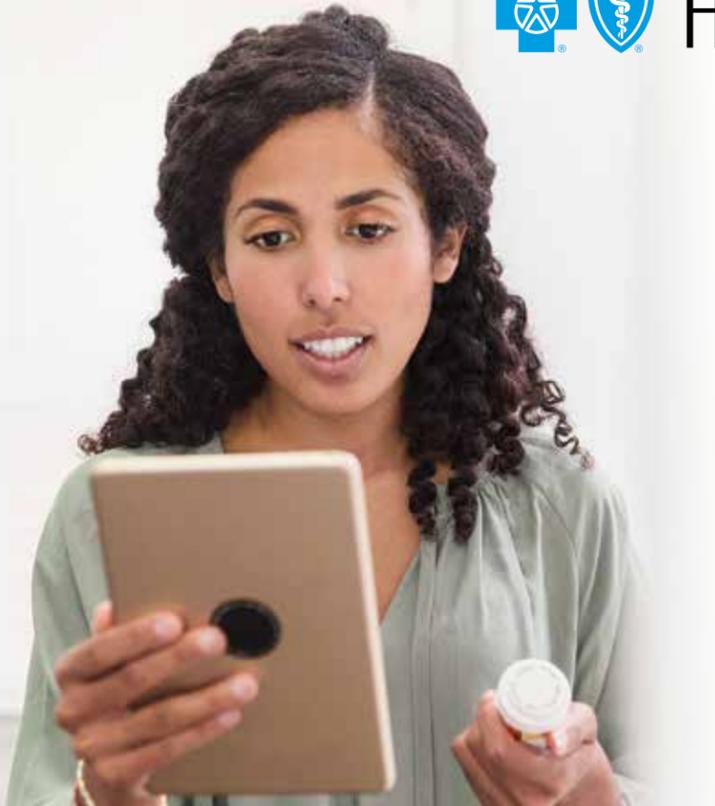
Your pharmacy benefits at a glance

We know you're busy, so we created this quick and easy guide with information about your pharmacy benefits, plus tips on how to make the most of your coverage.



Your prescription benefits

How to make the most of your pharmacy plan



Register at [healthybluene.com](https://www.healthybluene.com)

It's the fastest and easiest way to view your personal pharmacy benefits. At [empireblue.com/ny](https://www.empireblue.com/ny), you can do things like:

Find retail and specialty pharmacies in your plan.

View your plan's preferred drugs.

Learn how to access home-delivery and specialty pharmacies.

Check your claims status and history for home-delivery and specialty drugs.

Find out if you have a copay for your prescriptions and compare costs, if you have any.

Your plan covers:

- Brand-name and generic drugs.
- Some over-the-counter (OTC) drugs.
- Specialty drugs for an ongoing health issue or serious illness



Your drug list

Your plan includes hundreds of generic and brand-name prescription drugs. To find out what drugs we cover, use the Preferred Drug List and Searchable Formulary on our website at <https://www.healthybluene.com/nebraska/benefits/pharmacy-benefits.html>

Your cost

Medicines covered under your Healthy Blue plan will not have any out-of-pocket costs. To review additional copay details including exceptions, please visit our website at <https://www.healthybluene.com/nebraska/benefits/pharmacy-benefits.html>



Planning to travel soon?

If you are leaving the state for a short time, you can fill your prescriptions early at your regular pharmacy. This is called a vacation supply. You can get a vacation supply once per medicine per year by calling Pharmacy Member Services at **833-370-0703 (TTY 711)**, 24 hours a day, seven days a week.



Lost, stolen, or damaged fills

If your prescription is lost, stolen, or damaged, you can ask for an early refill once per year. To request an early refill, call Pharmacy Member Services at **833-370-0703 (TTY 711)**, 24 hours a day, seven days a week. Stolen prescriptions may require a police report before we can replace them.

Need help with any of this?

We're here to help you understand your pharmacy benefits and how they work.

If you have questions, call us at the Pharmacy Member Services number on your member ID card or visit [healthybluene.com](https://www.healthybluene.com).

There's an app for all of this, too.

The Healthy Blue mobile app allows you to manage your pharmacy benefits wherever you are. Download it at the Apple Store® or Google Play™.



A few more things to know about your drug coverage



Some medicines require you to take certain steps before we cover them. Here are a few you need to know about:

Prior authorization (PA).

This means approval is needed before a pharmacy can fill your prescription. Your prescription drugs may require PA if they:

- Are not on our approved drug list.
- May have high-side effect, misuse, or abuse potential.
- Should be prescribed only for specific use.
- Can be replaced with other drugs that are equally or more effective.

Step therapy (ST).

You may need to try one or more other drugs before the requested drug is covered.

Quantity limits (QL).

There may be limits on how much medicine you can receive each month to make sure the dose is right for you.

Age limit (AL).

Certain medications may be limited for certain age groups to keep you safe.

Dose optimization (DO).

You may be able to switch from taking a drug twice a day to taking it once a day at a higher strength.

Need to fill a prescription?

You have plenty of options for how and where to fill your prescriptions, including local pharmacies in your plan and convenient home delivery.

Retail pharmacies

Your plan includes over 700 pharmacies. It is important to use a pharmacy in your network, so your medicines are covered. To find a retail pharmacy near you, use the Find a Pharmacy tool at <https://www.healthybluene.com/nebraska/benefits/pharmacy-benefits.html> and choose **Find a Pharmacy**. You can also call Pharmacy Member Services at **833-370-0703 (TTY 711)**, 24 hours a day, seven days a week.

You can receive up to a 30-day supply of medicines at a retail pharmacy in your pharmacy network. Certain maintenance drugs are available in a convenient 90-day supply. To get a 90 day-supply, you'll need to fill a 30-day supply first to ensure you are able to tolerate the medication.

Home delivery

If you take medicines regularly or need them long-term, you can use home delivery. Standard shipping is free. To switch to home delivery, log in to your secure account at <https://www.healthybluene.com/nebraska/benefits/pharmacy-benefits.html> or call **833-370-0703 (TTY 711)**.

Specialty pharmacy

If you have certain health conditions that require specialty drugs — drugs that may need special handling or that you may need to inject or infuse — you can receive them through any in-network specialty pharmacy.

As a Healthy Blue member, you can choose to use IngenioRx Specialty Pharmacy, which offers free shipping with on-time delivery, 24/7 access to a care team of highly trained pharmacists and nurses, and individualized care. To learn more or to manage your specialty prescriptions, log in to your account at <https://www.healthybluene.com/nebraska/benefits/pharmacy-benefits.html>.

Presorted medication packaging pharmacy options

Healthy Blue provides several presorted medication packaging pharmacy options to make taking your medications easier.

Benefits of using a presorted medication packaging pharmacy option:

- Presorted individual packages sorted by time of day you take them
- Easy to tear pouches help you take medications on the go
- Convenient home delivery
- 24/7 customer support
- And more

PillPack is a handy pharmacy that organizes your medications for you, keeps refills up to date, and works with your doctor and insurance to ensure timely delivery. To get started, call **855-745-5725** Monday through Friday from 7 a.m. to 9 p.m. Central time, and Saturday through Sunday from 9 a.m. to 7 p.m. Central time. Pharmacists are available 24/7 for medication questions.

CVS SimpleDose provides easier access to your medications by helping you keep track of the medications you take and when to take them with free shipping. To get started, call **800-753-0596**, 24 hours a day, seven days a week.

Healthy Blue complies with all applicable federal civil rights laws. We do not exclude or treat people in a different way based on race, color, national origin, age, disability, or sex.

If English is not your first language, we can translate for you. We can also give you info in other formats at no cost to you. That includes Braille, audio, large print, and providing American Sign Language interpreter services. Just give us a call at 833-388-1405 (TTY 711).

Si su lengua materna no es el inglés, podemos brindarle una traducción. También podemos brindarle información en otros formatos sin costo alguno para usted. Esto incluye braille, audio, letra grande y servicios de interpretación del lenguaje de señas estadounidense. Simplemente llámenos al 833-388-1405 (TTY 711).

Healthy Blue is the trade name of Community Care Health Plan of Nebraska, Inc., an independent licensee of the Blue Cross and Blue Shield Association.